

Disposition Assignment Parts I and II

Dispositions Rating:

Social and Ecological Justice: **Beginning of the semester:** 3 **End of the Semester:** 4

Effective Communication: **Beginning of the semester:** 4 **End of the Semester:** 5

Self-Reflection and Critical Thinking: **Beginning of the semester:** 2 **End of the Semester:** 3

Professional Ethics: **Beginning of the semester:** 3 **End of the Semester:** 3

Professional Development: **Beginning of the semester:** 3 **End of the Semester:** 4

Professional Responsibility: **Beginning of the semester:** 2 **End of the Semester:** 3

Areas of Strength:

Effective Communication:

I think I excel in areas related to relationships and the people aspect of this job such as

Actively facilitating positive conversations with peers, professionals, and families. I typically have really good rapport with my classmates, teachers, and coworkers. I try to support my classmates by being the first person to answer questions or redirect the conversation to each point. With my professors I try to engage when others are not comfortable, but try to not dominate the conversations. I also always try to engage in a respectful and kind manner and thank them for their time. With parents I try to make sure I address their concerns and always try to be positive when possible.

Professional Development:

I also think professional development is another area I excel in within the dispositions. If I look at my career I see a clear path toward always growing in my skill sets. My first position within a school district was that of an aide. I then went on to support my school as their librarian. After that I began working as a substitute teacher working with all grade levels starting at Kindergarten all the way up to high school and even the continuation school. I also took one long term substitute position with a third grade classroom until they were able to find a credentialed teacher. Lastly, I have spent the last two school years teaching high school special education. I believe that each of these positions and the continuous growth shows that I continuously revisit my professional growth and am highly engaged in it.

Areas of Growth:

Professional Responsibilities:

As someone with ADHD this area is really difficult for me.

I especially struggle with deadlines. My brain convinces me that oh I have so much time to finish this assignment then if I do not have some kind of visual reminder I will totally forget about it all together. I also struggle to keep everything organized. I think I definitely with the help of my therapist have been able to grow in this areas through chunking assignments, making lists, and starting early as well as showing myself kindness even if the amount of work I complete is not all that I want. That being said I really want to grow in this area because if I expect my students to be ready and prepared I need to be ready and prepared for them.

Process of Becoming Familiar With Dispositions:

I really appreciated being exposed to the rubric early on in my prerequisite courses because I want to succeed and now I have yet another tool or guidepost to help me with that process. I also think I have a lot of room for growth and this gives me direction. This assignment reminds of a quote from Winston Churchill that says, “ He who fails to plan is planning to fail.” I appreciate the opportunity to know how to plan and focus on specific growth.